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# HENNA BEFORE-CARE AND AFTERCARE SHEET

PLEASE FOLLOW THESE EASY INSTRUCTIONS TO GET THE MOST OUT OF YOUR HENNA EXPERIENCE  
AND TO ENJOY A LONG-LASTING STAIN

## IMPORTANT NOTES:

★ AS A NATURAL STAIN, HENNA CAN SHOW IN VARIABLE LEVELS OF BRIGHTNESS OR INTENSITY DUE VARIOUS REASONS INCLUDING DIFFERENT SKIN TYPES AND TONES WHICH CAN AFFECT THE OUTCOME OF INKS. IN RARER CASES, THE STAIN MAY NOT DEVELOP. UNFORTUNATELY, WE ARE UNABLE TO KNOW WHETHER THIS MIGHT OCCUR WITH YOU, AHEAD OF TIME.

★ **ALLERGIES:** THOUGH HENNA (AND OTHER NATURAL/ORGANIC PRODUCTS) CAN BE SAFE FOR TOPICAL USE ON SKIN, IT SHOULD ALWAYS BE NOTED THAT ALLERGIES CAN OCCUR. HENNA IS A PLANT AND THEREFORE CAUTION SHOULD BE EXERCISED IF YOU HAVE KNOWN ALLERGIES TO PLANTS OR PLANT-BASED PRODUCTS.

## ★ BEFORE AN APPOINTMENT:

- TAKE A SHOWER OR BATH AND EXFOLIATE THE AREA/S WHERE THE HENNA WILL BE APPLIED. THIS WILL ENSURE THAT YOU GET A DEEPER AND MORE LONG-LASTING STAIN

## ★ AFTER CARE:

### BEFORE REMOVING THE DRIED HENNA PASTE (IF WE HAVE NOT DONE THIS FOR YOU):

- KEEP IT ON FOR AT LEAST 2-6 HOURS OR UNTIL PASTE IS COMPLETELY DRIED
- APPLY A SUGAR LEMON SOLUTION\* ON TOP OF THE DRIED PASTE
- KEEP YOUR MOVEMENTS LIMITED
- KEEP WARM. THE WARMTH OF YOUR ENVIRONMENT AND SKIN HELPS TO DEEPEN THE COLOR OF THE HENNA. KEEP IN MIND THAT YOU DON'T WANT TO SWEAT EITHER. OTHERWISE THE HENNA CAN SMUDGE. JUST KEEP DRY AND WARM.

### AFTER REMOVING THE HENNA PASTE:

- DO NOT WASH OFF THE PASTE WITH WATER, SCRAPE IT OFF INSTEAD. IF YOU ARE USING A BARRIER FILM TAPE, JUST REMOVE IT CAREFULLY AND SCRAPE OFF THE REST.
- AVOID WATER ON THE AREA OF YOUR HENNA STAIN
- PUTTING COCONUT OIL ON A PORTION OF A PAPER TOWEL AND USING IT TO MASSAGE THE DRIED HENNA RESIDUE OFF CAN ALSO HELP AS WELL.
- WHEN TAKING A BATH OR SHOWER, PUT A LAYER OF COCONUT OIL, OR COCO BUTTER ON THE AREA OF YOUR HENNA STAIN, PRIOR TO BATHING/SHOWERING. AVOID SCRUBBING OR FRICTION TO OR OF THE AREA. WASH MINIMALLY.
- GENERALLY, FOR LONG LASTING STAIN, IT IS BEST TO AVOID WATER!

★ \* *FOR SUGAR LEMON SOLUTION – PLEASE REFER TO OUR SUGAR LEMON SOLUTION GUIDE.*